



## **Friends From the Start: exploring the early Quaker story (an online course)**

**Monday 1 - Sunday 28 October 2018**

**£55**

Do you want to know more about early Friends? If your knowledge of Quaker history is a little hazy or you are relatively new to the Society of Friends, this four week online course is for you. We will trace the early Quaker story in its historical context, explore the development of the Quaker vision and look at the movement's leading figures. This will all be done in a relaxed and friendly way using a mixture of video lectures, readings and discussion.

## **Exploring Islamophobia**

**Friday 26 - Sunday 28 September 2018**

**£165 - Residential**

How can we respond to the rise of Islamophobia in the UK? To learn more about Islam, to be aware of bias and the various ways it manifests itself, to seek to understand the perspective of the 'other'? This content based course will be run in partnership with the Reflection Network and speakers will be invited to share their perspectives and personal experiences.

## **Quaker Women and Social Justice: learning from their experience (an online course)**

**Monday 5 November - Sunday 16 December 2018**

**£75**

What might we learn about social justice from Quaker history? This online course will look at social and economic concerns of some Quaker women activists, both British and American, in the 1800's and early 1900's. We will consider their strategies, motivation, and the faith basis of their work in the context of society at the time. Through readings and friendly discussion, participants will come to share our enthusiasm for these pioneering leaders and will gain insight into modern manifestations of social injustice.

## **Restorative Justice**

**Monday 5 - Wednesday 7 November 2018**

**£165 - Residential**

Restorative justice has received attention as an alternative to the destructive effects of punishment. What does it mean and how does it work? Through a combination of input and participation, this event considers the different elements of restorative justice and the ways in which it can contribute to building a just and peaceful society.

**Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ**

**[www.woodbrooke.org.uk](http://www.woodbrooke.org.uk) | [enquiries@woodbrooke.org.uk](mailto:enquiries@woodbrooke.org.uk) | 0121 472 5171**

**Keep up-to-date: @WoodbrookeUK**





## **ALICE: A Light Hearted Introduction to Confidence**

**Wednesday 7 - Friday 9 November 2018**

**£165 - Residential**

There are times, particularly at change of career or retirement, when we lose our self-confidence and even begin to feel invisible. This course is an opportunity to restore and enhance your self-confidence – both in engaging with small groups and in speaking in public. We will explore the factors affecting communication and develop an awareness of our personal strengths through a mixture of tasks and group work. Participants will have the chance to practice presentation in a safe-setting.

## **Exploring Quaker Spirituality: an online course**

**Thursday 8 November - Thursday 13 December 2018**

**£55**

We will explore what Quaker spirituality is all about and how it speaks to us today. This webinar series will introduce you to central elements of Quaker spirituality, including: silence, worship and vocal ministry; experiencing all of life as sacred; the inward teacher; the contemplative and the prophetic; queries and uncertainty; discipline, discernment and leadings. All the webinars will be recorded and can be viewed later.

## **Shalom – the peace that changes everything**

**Friday 9 - Sunday 11 November 2018**

**£245 - Residential**

The Hebrew word 'shalom', understood from a Jesus perspective, distils into a single word the totality of his message, mission and hope. First and foremost 'shalom' is about relationships. Here is both the spirituality that contemplatives seek, plus the inspiration for assertive activism. During the weekend we shall explore both the biblical foundations and practical implications of 'shalom'. Discovering it as the peace that transforms everything. There is nothing vague about 'shalom', it is as practical as it is profound.

## **Bible Study for Quakers**

**Monday 12 - Wednesday 14 November 2018**

**£245 - Residential**

Do you find the Bible intimidating but intriguing? Do you need some fellow Quakers to help you take the plunge? This course will help you to find your way around the Bible and understand the distinctive Quaker approach to scripture. You will closely study several Biblical texts in the company of Quakers from the past, and reflect with others on your experience of the Bible in the 21st Century. Expect to be challenged and inspired!

Please book online or fill out a booking form via [woodbrooke.org.uk/booking-form](http://woodbrooke.org.uk/booking-form) or call 0121 472 5171

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