

# QUAKER MENTAL HEALTH FORUM

## MENTAL HEALTH AND YOUNG PEOPLE



**The Quaker Mental Health Forum will meet Saturday  
3<sup>rd</sup> November 2018; 10.00 - 4.00**

**in The Priory Rooms, Birmingham, B4 6AF**

**We will be exploring the topic of mental health and  
young people.**

**Grounded in our faith, we will be sharing  
experiences and ideas.**

**Everyone is welcome.**

The day is suitable for those aged over 15; we suggest people under 18 come with a supportive adult.

**We hope every Area Meeting will send a representative.**

**There is no charge: drinks provided; bring your own lunch.**

To book: <https://www.eventbrite.com/e/quaker-mental-health-forum-mental-health-and-young-people-tickets-45232690194>

More information from Alison Mitchell, Mental Health Development Officer

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