

Why come on a Quaker pilgrimage?



"If you are new to Quakerism, there can be no better place to begin to explore what it may mean for us than the place in which it began.

Go to the beautiful Meeting Houses one finds dotted throughout the Westmorland and Cumbrian countryside and spend time in them, soaking in the atmosphere of peace and calm, and you will feel refreshed. Worship with Quakers there and you may begin to feel changed by the experience.

What you will find is a place where people took the demands of faith seriously and were transformed by the experience. In letting themselves be changed, they helped make possible some of the great changes that happened to the world between the sixteenth and the eighteenth centuries."

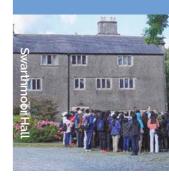
Roy Stephenson, extracts from '1652 Country: a land steeped in our faith', *The Friend*. 8 October 2010.

Swarthmoor Hall organises two 5 day pilgrimages every year in June/July and August/September which are open to individuals, couples, or groups of Friends.

The pilgrimages visit most of the early Quaker sites and allow individuals to become part of an organised pilgrimage and worshipping group as the journey unfolds. A minibus is used to travel to the different sites.

Each group has an experienced Pilgrimage Leader. These pilgrimages are full board in ensuite accommodation.

Being part of an organised 'open' pilgrimage



Many Meetings and smaller groups choose to arrange their own pilgrimage with the support of the pilgrimage coordination provided by Swarthmoor Hall, on behalf of Britain Yearly Meeting. In doing so each group needs to consider a number of questions:

- How many people will be in our party?
- Who is the main organiser/contact person?
- What style of accommodation would work best for the needs of the group?
- Do we need catering?
- · What is our budget?
- How many days can we spend doing the pilgrimage?
- Are there any particular sites or places we wish to include in the pilgrimage?
- · Do we need transport?

For more detailed information regarding options please see pages 4 – 8.

Planning your own pilgrimage



Venues

There are a number of Quaker centres that offer a range of styles of accommodation, from budget self-catering bunkhouse to catered ensuite. Many of these centres provide accessible accommodation.



Glenthorne Guest House and Conference Centre

is a long-established guest house and meeting place in Grasmere. There is accommodation for up to 46 people including some newly built ground-floor accommodation for disabled visitors and well-appointed single and double rooms (mostly ensuite) in the main house and adjacent Bankside. Most rooms have access to free WiFi. There is a light and sunny conference room located in its gardens, with seating for up to 45. Visit www.glenthorne.org for more information.

2019 prices:

Standard rooms per person

1 night B&B £52.50 | Dinner B&B £74 | Full board* £80.50 2+ nights B&B £47.50 | Dinner B&B £69 | Full board* £75.50

Ensuite rooms per person

1 night B&B £62 | Dinner B&B £83.50 | Full board* £90 2+ nights B&B £56.50 | Dinner B&B £78 | Full board * £84.50 (* packed lunch)



Rookhow Quaker Meeting House was built around 1725. It is beautifully situated in the Rusland Valley of South Lakeland near Grizedale Forest Park and has its own 12-acre 'Quakers Wood'. The Meeting House stables have been converted to provide comfortable bunkhouse style accommodation with 17 pine beds (plus 3 bed settees and camping). The accommodation has electric heating and a wood-burning stove, 4 showers, 2 WCs, with self-catering facilities for over 20 people. BBQ available and fire-pit in 'Quakers Wood'. The historic Meeting House is available for communal activities. Visit www.rookhowcentre.co.uk for more information.

2019 prices:

Price per night: Sole use £250 per night, minimum 2 night stay at weekends.

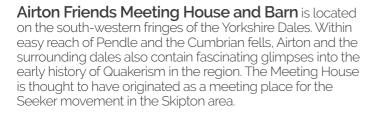
Additional space for camping at £10 per night for adults, £5 for children. Duvet hire £5pp.
Day use of Meeting House: £100 a day

Swarthmoor Hall is the cradle of the Quaker movement, home of Margaret Fell and later George Fox. Early Friends met here to worship and they returned for hospitality and spiritual renewal. This tradition remains today.

It offers accommodation for up to 26 people in ensuite accommodation, which includes single, twin and double rooms. A number of rooms are accessible. Accommodation can be booked on a self-catering or catered basis. Visit www.swarthmoorhall.co.uk for more information.

2019 prices:

Single rooms are from £52 per night on a room only basis. For pilgrimage groups full board is from £86.95 per person per day. (We will give you the best price dependent on the accommodation booked and the number in the group).



The self-catering bunk barn includes a dormitory of six beds, and floor mattresses for up to 12 additional people. Camping is permitted when the barn is full.

2019 prices:

Beds are available from £18.00 per night

For full details and latest prices see www.airtonbarn.org.uk or contact the Friend in Residence via airtonbarn@gmail.com.





Typical 1652 Country Pilgrimage itineraries

The table below shows typical itineraries for 3-6 day Quaker Pilgrimages. The precise arrangements of visits can depend on which residential venue is chosen as the base for the stay.

The itineraries assume that Friends will arrive on the first day in the late afternoon and leave after lunch on the final day of the pilgrimage.

3 DAYS	4 DAYS	5 DAYS	6 DAYS
Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship in Great Hall.	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship in Great Hall.	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship in Great Hall.	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship in Great Hall.
 Clitheroe QMH - with talk on early Quaker history, Pendle Hill, Brigflatts QMH. 	 Clitheroe QMH - with talk on early Quaker history, Pendle Hill, Time for worship/reflection. 	 Clitheroe QMH - with talk on early Quaker history, Pendle Hill, Time for worship/reflection. 	 Clitheroe QMH - with talk on early Quaker history, Pendle Hill, Time for worship/reflection.
Swarthmoor Hall, Swarthmoor QMH, Sunbrick Burial Ground Departure.	Brigflatts QMH, Firbank Fell, Quaker Tapestry Kendal.	Brigflatts QMH, Firbank Fell, Quaker Tapestry Kendal.	Brigflatts QMH, Firbank Fell, Quaker Tapestry Kendal.
	Swarthmoor Hall, Swarthmoor QMH, Sunbrick Burial Ground Departure.	Lancaster Castle, Swarthmoor Hall, Sunbrick Burial Ground, Time for worship/reflection.	 Lancaster Castle, Yealand QMH, Time for worship/ reflection.
		Swarthmoor QMH, Departure.	Swarthmoor Hall, Sunbrick Burial Ground, Time for worship/ reflection.
			Swarthmoor QMH Departure.

New for 2019, a Quaker pilgrimage based at Airton Meeting House. As with the previous itineraries we assume that on the first day of the pilgrimage Friends will arrive late afternoon for an introduction talk and leave at midday on the final day of the pilgrimage. Please see suggested itineraries below:

Itineraries from Airton Quaker Meeting House

3 DAYS	4 DAYS	5 DAYS	6 DAYS
 Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship. 	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship.	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship.	Arrival and introduction to the pilgrimage, Getting acquainted with other pilgrims, Meeting for Worship.
Airton and Calton,Skipton marketplace,Skipton QMH.	Airton and Calton, Skipton marketplace, Skipton QMH.	Airton and Calton,Skipton marketplace,Skipton QMH.	Airton and Calton, Skipton marketplace, Skipton QMH.
Pendle Hill,Calf Cop QMH,Settle QMH,Departure.	Quaker burial ground, Scar House tea garden Farfield QMH.	Quaker burial ground, Scar House tea garden Farfield QMH.	Quaker burial ground, Scar House tea garden Farfield QMH.
	Pendle Hill, Calf Cop QMH, Settle QMH, Departure.	Pendle Hill, Calf Cop QMH, Settle QMH.	Pendle Hill, Calf Cop QMH, Settle QMH.
		Walk from Hellifield to Airton following Fox and Farnsworth's route. Departure.	Settle QMH Pen-y-Ghent.
			Walk from Hellifield to Airton following Fox and Farnsworth's route. Departure.

Entry charges and suggested donations







- Brigflatts Quaker Meeting House built in 1675 (£5 per person)
- Calf Cop Quaker Meeting House (donations appreciated)
- Clitheroe Quaker Meeting House (donations appreciated)
- Farfield Quaker Meeting House (donations appreciated)
- Firbank Fell on Sunday 13 June 1652 George Fox was invited to preach to the Seekers there and from a rock on the open hillside preached to 'above a thousand people' (no charge)
- Lancaster Quaker Meeting House dating from 1708, (donations appreciated)
- Tour of Lancaster castle with guide early Friends imprisoned here included George Fox and Margaret Fell, (takes 1.5 hours, £8 per person, £6.50 concessions)
- Quaker Tapestry Journey through the Quaker influence on the modern world and delight in the detail of the stunning needlework and the craftsmanship involved in its creation. £7.50 for adults, children free (max of 2 per full paying adult) and groups of 15 people or more for a discounted rate of £6.00 per person.
- Rookhow Quaker Meeting House (suggested donation £5 per person)
- Settle Quaker Meeting House (donations appreciated)
- Skipton Quaker Meeting House built 1693 (donations appreciated)
- Swarthmoor Hall see 'Venues' for more information (Group or audio tours £6.50 for adults, £4.50 for children)
- Swarthmoor Quaker Meeting House (donations appreciated)
- Yealand Quaker Meeting House (donations appreciated)

For Friends returning to the area new pilgrimage routes can be planned to include less frequently-visited sites.

With all pilgrimages there are other options or add-ons that can be included in a tour depending on the interests and ages of a group.

· Walking/outdoor -

Gummers How, Tarn Hows, Beacon Tarn, High Dam, Mountain biking in Grizedale Forest, Canoeing on Coniston Water, Go Ape rope course in Grizedale Forest

· Trips -

Boat from Coniston to Brantwood (John Ruskin's home), Dove Cottage (Wordsworth's home)

Spiritual sites –

Furness Abbey, Swinside Stone Circle, Cartmel Fell church, Conishead Priory (Manjushri Buddhist centre and temple)

- Stops Ice Cream (Hudsons)
- · Shopping -

Sedbergh, Kendal, Ulverston,

Olversion,

and visiting towns on market days

- Quaker contemporary witness Trident submarine building yard and BAE systems armament works
- Historic Quaker meeting houses –

Airton QMH,
Colthouse QMH,
Height Burial Ground,
Preston Patrick QMH,
Rookhow QMH and Quakers Wood,
Skipton QMH,
Settle QMH

Other options /add-ons





Leaders and tour guides

Friends in 1652 Country enjoy sharing their experience and love of 1652 Country with visitors to the area. Some will offer their time in a voluntary capacity to help with Quaker pilgrimages, including as tour guides and pilgrimage leaders.

There is a limited capacity in the region to offer these services and so to avoid disappointment we strongly recommend that Friends make arrangements well in advance. Please note for groups requesting a leader or driver there may be additional charges for their accommodation and B&B costs.

Transport

Many of the roads which lead to the historic sites are narrow country lanes which can be difficult and tiring to navigate especially for Friends who are unfamiliar with the area.

It may be worth considering a guide or driver for your pilgrimage. They are also able to estimate the average journey times to Quaker sites – often much longer than one might anticipate.

Options include:

· For small groups

Self-drive – car or mini-bus Self-drive, with local Friend as tour guide at each venue (needs to be pre-booked)

For larger groups

Mini-bus hire Coach hire – needs to be booked well in advance Please get in touch. On behalf of Britain Yearly Meeting, Swarthmoor Hall organises **1652 Quaker Pilgrimages** for Friends visiting the area. It does so with the support and involvement of a wide group of Friends in the Region, other Residential Centres and historic Meeting sites.

Please contact the 'Pilgrimage co-ordinator', Swarthmoor Hall, 01229 583204 or email info@swarthmoorhall.co.uk. There is a pilgrimage admin fee of £15 per person.

What do we do next?

Arthur Kincaid, The Cradle of Quakerism: Exploring Quaker Roots in North West England, Quaker Books, 2011

David and Anthea Boulton, In Fox's Footsteps: a journey through three centuries, DHM, 1998 Further Reading



Swarthmoor Hall is part of Friends House (London) Hospitality Ltd. friendshouse.co.uk



For more information about Quakers in Britain, please visit quaker.org.uk