



## Seeking Sanctuary and Stillness: Online Retreat

**Tuesday 22 May 2018**

**£15**

A time set aside to enjoy spaciousness and quiet in your own home and join with others on-line to share a sense of connection. Different spiritual practices will be offered on each of the days, to help you to focus, and to settle into a place of deep peace and openness to all that is; the flowing vastness of presence. We will join together for silent worship and reflection during the day. We encourage people of all faiths and non to participate.

These days will be 'live' for part of the day (Timings will be GMT+1) with time for you to create your own space for stillness and quiet during the rest of the day. There will be an opportunity for asking questions and sharing reflections during the day.

You may join us for any combination of between one and four of the days. Participants have the option to join in with all four day retreats running throughout 2018 at a total cost of £55. The other three retreats take place on Saturday 9 June, Saturday 7 July and Monday 6 August.

## Foundations of a True Social Order: Yesterday and Today

**Friday 1 June 2018 - Sunday 3 June 2018**

**£245 - Residential**

The Foundations of a True Social Order are principles approved by London Yearly Meeting in 1918 which have influenced the shape of Quaker witness ever since. How do the words of Quakers in 1918 relate to how Quakers understand their witness for peace and social justice in 2018? This course brings together historical research, current activist thought, and a broad view of Quaker testimony, to explore how the work of previous generations speaks to us now.

## Hope in Troubled Times

**Friday 8 June 2018 - Sunday 10 June 2018**

**£245 - Residential**

Throughout the weekend we shall come together in fellowship and friendship with practices and prayer to strengthen our resolve and to nurture hope. How can we be hopeful amidst a daily intake of stories of suffering, division, conflict and terror? Are we as Friends called to be a hopeful people? And how can we live out the 'change we want to see in the world. Paul Rogers, a leading expert in global security will join us for a keynote on 'reasons to be hopeful'.

Please book online or fill out a booking form via [woodbrooke.org.uk/booking](http://woodbrooke.org.uk/booking) or call 0121 472 5171

**Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ**

**[www.woodbrooke.org.uk](http://www.woodbrooke.org.uk) | [enquiries@woodbrooke.org.uk](mailto:enquiries@woodbrooke.org.uk) | 0121 472 5171**

**Keep up-to-date: @WoodbrookeUK**



## A Friendly Introduction to Membership: Online Course

*Monday 11 June 2018 - Friday 29 June 2018*

**£38**

What is Quaker membership? How do I apply and what will happen? The course gives an opportunity to explore the meaning of membership and belonging, and to share with others at a similar stage in their journey with Quakers. We will look at the history of Quaker membership, the practical aspects of applying for membership, and at the rewards and responsibilities belonging to a faith community brings. There will be video, audio and written materials for you to engage with, and forums for you to share reflections and ask questions. This course is intended both for those who are considering membership of the Religious Society of Friends, and those who have recently become members.

## Clerking: Taking It To The Next Level

*Friday 22 June 2018 - Sunday 24 June 2018*

**£245 - Residential**

This course is aimed at Friends who have served as clerks for at least two years, whether of a local meeting, area meeting or another group. We will consider topics such as how to educate your meeting better about Quaker decision making processes, the use of elders in business meetings and handing over to the next clerk. Please come ready to share successes and things that haven't gone so well in your clerking.

## In the Care of the Meeting

*Friday 22 June 2018 - Sunday 24 June 2018*

**£245 - Residential**

How do meetings care for marriages and committed partnerships, including when they flounder or end? Of interest to eldership and oversight as well as Friends with relevant past experience, this course explores the connections and discords affecting individuals, partners and the meeting when relationships are under strain. Taking a broad perspective on QF&P 16.12-13, and drawing on approaches in other yearly meetings, we seek to discover how relationships at all stages can be held 'in the care of the meeting'.

## Meeting Needs: Creating Well-Being

*Monday 9 July 2018 - Wednesday 11 July 2018*

**£245 - Residential**

Any initiative that seeks to address social injustice, conflict or mental health needs to start with an appreciation of our human nature. Meeting human needs is central to the wellbeing of everyone. We will explore, through story, metaphor, relaxation and fun interactive exercises, how to help ourselves and others get their needs met in very practical ways. This course is for anyone who has a concern for the welfare of others as well as their own spiritual development.

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