



Journeys in the Spirit

Resources to use with children and
young people in a Quaker setting



Children's work edition

The children's work edition of *Journeys in the Spirit* is a free monthly publication for those people working with children and young people. It provides materials for adult Quakers who work with children aged 5 to 12. It can help with Quaker meetings, all-age events, residential gatherings and camps.

The resource offers activities and ideas that will stimulate children and the adults working with them. Six times a year it explores specific themes, with the remaining six issues offering something more seasonal or topical.

Subscribe at www.quaker.org.uk/journeyschildren.

Themes – there are a series of issues on:

- Advices & queries
- Bible stories
- Children's voices
- Difficult questions
- Feelings
- Finding hope in turbulent times
- The five senses
- Exploring spirituality
- Living as a Quaker
- Our Quaker stories
- *Quaker faith & practice*
- Quakers around the world
- Quakers, a people of God
- Quakers, work and business
- Room for more
- Testimonies
- Yearly Meeting Gathering

These can be found at

<https://together.woodbrooke.org.uk/journeys-in-the-spirit/series>.



Topics – there are activities on:

- Activism
- Asylum seekers
- The Bible
- Bullying
- Craft
- Diversity
- Drama
- Environment
- Equality
- Feelings
- Food
- Games
- Inclusion
- Integrity
- Israel/Palestine
- Life
- Living adventurously
- Mental health
- Music
- Outside
- Peace
- Poetry
- *Quaker faith & practice*
- Quaker understanding
- Quaker work
- Quakers around the world
- Refugees
- Relationships
- Simplicity
- Spirituality
- Stories
- Sustainability
- Testimonies
- Truth
- Worship

These can be found at

<https://together.woodbrooke.org.uk/journeys-in-the-spirit/topic>.

Specific activities for seasonal interest or relating to current affairs can be found at <https://together.woodbrooke.org.uk/journeys-in-the-spirit/jc>.



Youth work edition

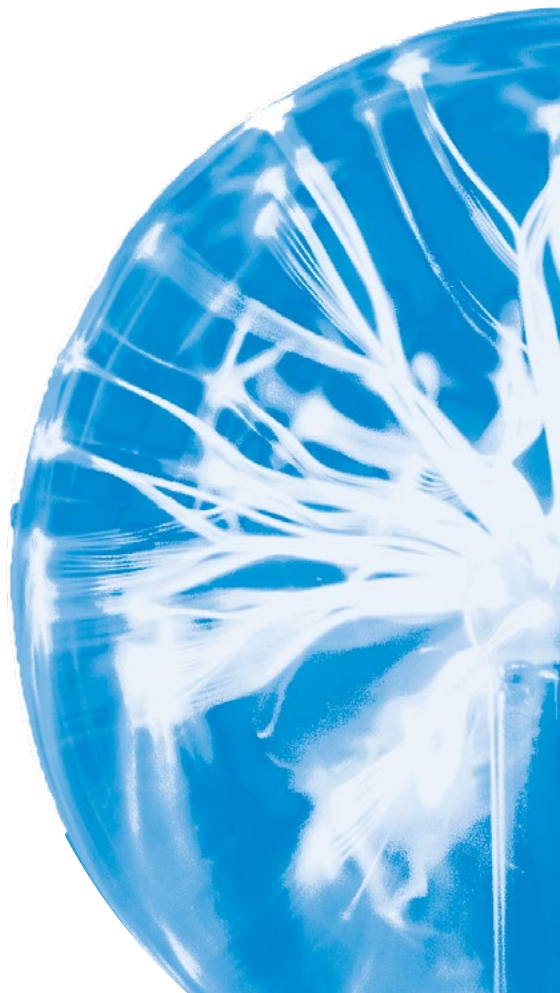
The youth work edition of *Journeys in the Spirit* provides a range of ideas to use with 12- to 18-year-olds in a Quaker context. Each issue contains action points and activities inspired by a specific theme. It is published once a year in an A4 magazine format, and is available for free.

The activities are written and presented to fit the structure of a variety of youth events and activities. From link groups and weekends to week-long residential events and Sunday morning youth activities, each issue is packed with ideas for exploring a theme in a range of ways.

Subscribe at www.quaker.org.uk/journeysyouth.

Topics – there have been issues on:

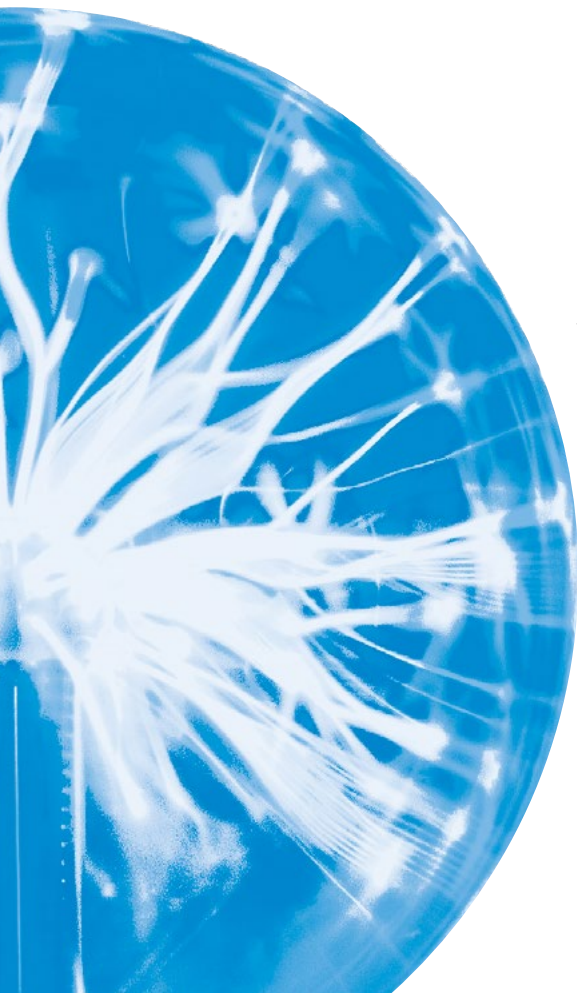
- Being a Quaker in the world
- Connecting with your meeting
- Conscience, courage and cowardice in WWI
- Creating community, creating connections
- Do justice, love mercy, walk humbly
- Ending hunger
- Engaging with the Quaker testimonies
- Exploring our spirituality
- Exploring peace
- Gender diversity
- Hiroshima and Nagasaki 70 years on
- Living sustainably
- Making a difference



- Making Quaker decisions
- Membership and belonging
- Our Quaker stories
- Pilgrimage
- Promoting well-being
- *Quaker faith & practice*
- Quakers and the military
- Quakers around the world
- Raising the creative spirit

- Reading *Quaker faith & practice*
- Relationships, sex and sexuality
- Sanctuary everywhere
- Shared spirit
- Slavery: then, now and its legacies
- Spirituality glimpses
- Taking action for peace
- *The Unseen March*
- Theism and non-theism
- What does it mean to be a Quaker?
- Young Quakers and politics
- Young Quakers, alcohol and drugs
- Youth marching to save the world

These can be found at
<https://together.woodbrooke.org.uk/journeys-in-the-spirit/jy>.



Special editions

Journeys in the Spirit special issues are published occasionally. They offer information, resources and activities on topical themes or particular areas of interest.

Special issues may be for use by a whole meeting, whatever the ages, or for work with a particular age group.

Topics – there have been special issues on:

- Abolition of slavery
- Connecting as a community
- Worshipping with all ages together
- World War I
- Resources for use with 0- to 4-year-olds
- Quaker activities for schools

These can be found at
<https://together.woodbrooke.org.uk/journeys-in-the-spirit/js>.



Activity supplements

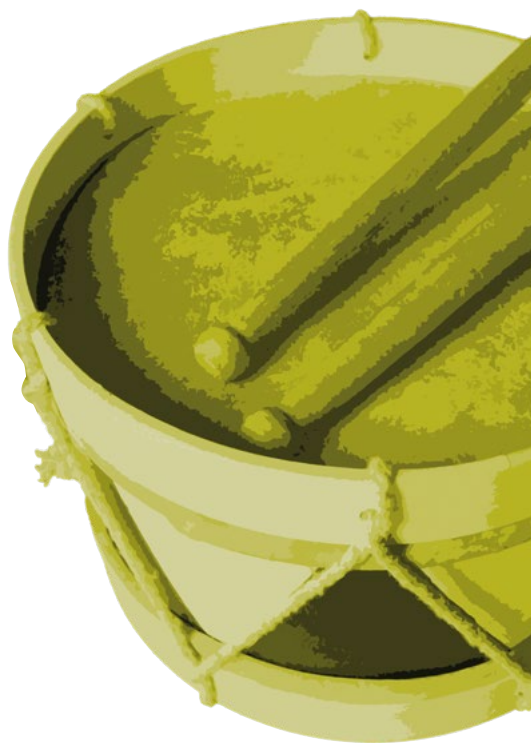
There are also two *Journeys in the Spirit* supplement editions. These easy-to-use, free resources contain songs and games that relate to and complement the themes and subjects covered in the series. These can be found at www.quaker.org.uk/journeyschildren.

The games supplement is full of name games, ice breakers, energisers and reflective games. They can be used when working with children and young people aged 5 to 18, as well as adults.

The games are separated into categories, and some also have a 'theme alternative'. This suggests how to change the game to reflect on or explore issues within a theme.

The song supplement (*Sing me on a journey*) is a list of songs that are fun to sing with groups and are inspired by the themes and ideas covered in *Journeys in the Spirit*.

The songs are grouped under themed links with an indication of the age appropriateness from 0- to 18-years-old. There are suggestions under some songs for how to introduce and teach them to older age groups.



How to subscribe

To receive the latest issue you need to subscribe. Subscribers are also sent a Quaker children and young people's work news update with each issue.

The children's work edition comes out every month; the youth work edition is published annually. Both are free by subscription. You can choose to receive a paper copy or to be emailed a link to an online version.

Children's work edition

Subscribe at www.quaker.org.uk/journeyschildren

Youth work edition

Subscribe at www.quaker.org.uk/journeysyouth

Back issues

Download from <https://together.woodbrooke.org.uk/jits>

Journeys in the Spirit back issues are available to download from the *Being Friends Together* website. If you would like to be emailed a pdf of a particular issue or to be posted a paper copy, email cypadmin@quaker.org.uk or call 020 7663 1013.

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